

## 10D9N Journeys: Wonders of Bhutan (ADWNG)

Price per person  
from  
MYR 21315



### Tour Description

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

### Tour Itinerary

## Day 1 :- Paro/Thimphu

Arrive at any time and transfer to Thimphu, Bhutan's capital. Time permitting, take a guided walk around town. In clear weather, the flight over the Himalayas offers magnificent views of the world's highest peaks as they give way to the lush green Paro valley. The first gift from Bhutan will be the cool, clean fresh air as you step off the plane. After clearing customs and visa control, an arrival transfer will take you to Thimphu, where we'll be met by our local National Geographic Expedition Leader who will conduct a welcome meeting and orientation

Dinner

## Day 2 :- Thimphu/Punakha

This morning, meet a Buddhist monk and scholar to discuss Buddhist beliefs and ways of life in Bhutan. Then drive to scenic Punakha, crossing the lofty Dochu La pass and enjoying stunning views of the Himalaya through flickering prayer flags. Settle into your hotel and drive to Lobesa after lunch. From here, hike up to Chimi Lhakhang, a 15th-century monastery dedicated to the Buddhist saint Drukpa Kunley, known as the "Divine Madman." Learn about his colourful, eccentric life, and witness women devotees who visit the monastery to receive blessings of fertility.

After breakfast, drive through dense forests of blue pine, oak, and rhododendrons and enjoy views of the Himalayan range and the valley beyond. After a lunch stop, the road climbs steeply through a forest of pine and cedar, festooned with hanging lichen high up near Dochula pass at 3,050m (10,007 ft). After stopping here for tea and panoramic views of the Himalayan mountain range, we descend along a series of hairpin bends to the fertile valley of Punakha

Breakfast Lunch Dinner

## Day 3 :- Punakha

Enjoy a full day of exploration in Punakha, the old capital of Bhutan. Visit the magnificent Punakha Dzong, or fortress, situated at the confluence of two important rivers. Drive to the Sangchhen Dorji Lhuendrup nunnery, a meditation and training center for Buddhist nuns. Then drive to Wangdue Phodrang to discover the town's dzong. In the afternoon, weave your way through rice terraces and pine forests to Khamsum Yulley Namgyal Chorten, a cheerful temple perched on a picturesque mountain ridge overlooking the Punakha Valley.

Breakfast Lunch Dinner

## Day 4 :- Punakha/Gangtey

Travel to the Gangtey Valley—also called Phobjikha Valley—the winter habitat of rare black-necked cranes. If your trip falls between October and February, you'll have a chance to visit the information center of the Royal Society for Protection of Nature (RSPN) to learn about these graceful, vulnerable birds, which migrate from Tibet to Bhutan every year.

Breakfast Lunch Dinner

## Day 5 :- Gangtey

Set out to discover the stunning Gangtey Goempa, one of the oldest Nyingma monasteries in Bhutan. This 17th-century temple recently underwent an elaborate renovation. Afterward, we'll walk across Phobjikha Valley to Khewa Valley, stopping at an old temple on the way to make an offering. This evening, explore Khewa village and enjoy a cooking demonstration and delicious home-cooked dinner at a family farmhouse.

Breakfast Lunch Dinner

## Day 6 :- Gangtey/Thimphu

Return to Thimphu and take in the golden splendour of the Buddha Dordenma, a massive Buddha statue that graces a hill overlooking the city. Visit the National Institute for Zorig Chusum, an arts and crafts school where we can watch students practicing traditional arts such as woodworking, painting, and ceramics. Later, enjoy a talk on Gross National Happiness, an index used by the Bhutanese to measure the nation's progress.

Please note that on occasion the Institute for Zorig Chusum art school is closed due to school breaks and holidays. If it is not open on the day of your visit, another activity will be arranged.

Breakfast Lunch Dinner

## Day 7 :- Thimphu/Haa

This morning, visit the National Memorial Chorten, one of Thimphu's most recognizable landmarks and a focal point of daily spiritual life. Then venture off the beaten path towards the remote Haa Valley, stopping for a night in charming Haa town. Explore Lhakhang Nagpo, the "black temple," and Lhakhang Karpo, the "white temple"—two ancient Buddhist shrines which are said to be among the 108 temples built in one day by the seventh century Tibetan king Songtsen Gampo.

Breakfast Lunch Dinner

## Day 8 :- Haa/Paro

Drive into picturesque Haa Valley by way of the dramatic Chele La pass, one of the highest mountain roads in Bhutan. Hike through thick pine forests to the Kila nunnery, which clings to a rocky cliff. Later, return to Paro and visit Kyichu Lhakhang, one of the country's oldest and most beautiful temples. Then head to a local archery ground to watch locals practice Bhutan's national sport.

Breakfast Lunch Dinner

## Day 9 :- Paro

Today, we embark on a vigorous hike to Bhutan's most iconic and revered site: the Taktsang Lhakhang or Tiger's Nest Monastery, perched high above the Paro Valley. Visible from afar, this architectural masterpiece straddles a vertical granite cliff 2,000 feet above the valley floor. Later, drive the winding road to Rinpung Dzong, a 600 year old fortress which was restored to its former glory in the 1950's.

Due to the altitude, this climb can be tough. Be prepared to spend about 5 1/2 hours to get up and down with stops, including lunch. Remember to stay hydrated and take your time. The hike is gradually uphill and takes about 2 hrs to reach the first stop at the cafeteria, where you can enjoy views of the monastery. If you choose, you can stop here and wait for the group who choose to continue up to the Monastery

Breakfast Lunch Dinner

## Day 10 :- Paro

Depart at any time. Airport transfer is included. While at the airport, opt to experience a cultural art class at the social enterprise, VAST, a G Adventures-supported studio.

Optional Activities – Day 10

Turn waiting at the airport into an art class! Visit the hands-on art experience at VAST (Voluntary Artists' Studio Thimphu) Happy Brush Activity Corner in the Paro Airport. The initiative works to nurture the artistic potential of Bhutanese youth by involving youth in community service, while empowering them to explore art as a viable and fulfilling career path. Through different hands-on activities, like painting a traditional mask featured in the festivals and folklore of Bhutan.

Breakfast

## Tour Prices

Category	Travel Period	Twin	Single Supplement	-	-
Standard & Superior	May 2026: 23	RM 21,315	On Request		
	Sept 2026: 26	RM 22,545	On Request		
	Oct 2026: 3, 10	RM 22,545	On Request		
	Oct 2026: 31	RM 21,315	On Request		
	Nov 2026: 7	RM 21,315	On Request		
	Dec 2026: 5	RM 21,315	On Request		
	Jan 2027: 16	RM 21,315	On Request		
	Feb 2027: 13	RM 21,315	On Request		
	Mar 2027: 6, 13	RM 21,315	On Request		
	Mar 2027: 20, 27	RM 22,545	On Request		
	Apr 2027: 3, 10, 17, 24	RM 22,545	On Request		
	May 2027: 1, 8, 15, 22	RM 21,315	On Request		
	Jun 2027: 5	RM 21,315	On Request		
	Jul 2027: 3, 31	RM 21,315	On Request		
	Aug 2027: 28	RM 21,315	On Request		
	Sept 2027: 11, 25	RM 22,545	On Request		
	Oct 2027: 2, 9, 16, 23	RM 22,545	On Request		
	Oct 2027: 30	RM 21,315	On Request		
	Nov 2027: 6	RM 21,315	On Request		
	Dec 2027: 4	RM 21,315	On Request		

## What's included

**Destination**

[Bhutan](#)

**Departure Location**

Paro

**Return Location**

Paro

**Price includes**

- ~ 9 nights' accommodations
- 9 Breakfast
- 8 lunches
- 9 dinners
- Meet a Buddhist Monk, Thimphu
- Family Farm Meal, Gangtey Gonpa
- Lecture on Gross National Happiness, Thimphu
- Arrival and departure transfer.
- Sustainable Development Fees.
- Visit the Rimpung Dzong.
- Hike to Punakha Dzong monastery and fertility shrine.
- Visit the town of Wangdue and walk to Khamsum Yueley Chorten shrine.
- Visit the village of Khewa.
- ~ Black-Necked Crane Centre visit
- Hike to the monastery of Gangtey Goempa.
- Walk across Phobjikha and Khewa valleys.
- Visit the National Library, the Institute for Zorig Chusum (arts and crafts) and the Thimphu Chorten
- Hike to Kila Goempa nunnery.
- Explore shrines and temples of the Haa Valley.
- Visit the fortress of Paro Rinpung Dzong and hike to Taktsang Monastery (Tiger's Nest).
- Visit Kyichu Lhakhang Temple.
- All transport between destinations and to/from included activities.

**Price does not include**

- International air ticket
- Travel insurance
- Others not mentioned